



## ***BOYLE HEIGHTS KARATE-DO***

16303 Doublegrove Street  
Valinda, CA 91744  
P: (626) 253-8061



Dear Sensei, Coach, and Athlete,

On behalf of Boyle Heights Karate-Do, I would like to invite you to participate in the 26<sup>th</sup> annual Hollenbeck Invitational Karate Tournament. The purpose of this tournament is to promote karate through competition and to establish closer working relationships among the different styles. Every contestant will benefit from this tournament because karate competition offers excitement as well as personal growth at every level. This year we have moved venues to South Hills High School in the city of Covina and we will be starting our tournament at 9:00 a.m. We will start with all weapons divisions, then the adult black belts, each kata division will be followed by the corresponding kumite division. Kata will be judged using the WFK system. In 15-17 female and male advanced kata divisions and 18-34 female and male kata divisions will be awarded cash prizes. (Divisions must have a minimum of 6 competitors).

Before hand, I would like to thank you for your support and hope that you find this tournament to be a great experience. Medals will be awarded to the first, second, and third place winners in kata, kumite, and weapons. We look forward to seeing you and your students on October 20, 2024. You can submit your applications using the instructions on our website [www.boyleheightskaratedo.com](http://www.boyleheightskaratedo.com)

Should you need further information, please contact me at (626) 253-8061 or via email at [emares@msn.com](mailto:emares@msn.com)

Thank you,

*Sensei Enrique Mares*

Tournament Director

# 2024 HOLLENBECK INVITATIONAL KARATE CHAMPIONSHIP

## TOURNAMENT REGISTRATION FORM

Competition starts at 9:30 a.m.

DATE **Sunday, October 20, 2024**  
LOCATION **South Hills High School – 645 Barranca St, West Covina, 91791**  
RULES WKF Rules, Modified  
ADMISSION \$ 10.00 Adults \$ 5.00 Children Under 12 Children 5 & Under Free

**Mail Form & Payment To**  
Enrique Mares  
16303 Doublegrove Street  
La Puente, CA 91744  
(626) 253-8061  
emares@msn.com

### PRE - REGISTRATION

Deadline Oct. 16, 2024  
One Event \$60  
Two Events \$70  
Three Events \$80  
Four Events \$90

### AT THE DOOR

(Kata & Kumite Only, No Kobudo)

One Event \$70  
Two Events \$80  
Three Events \$90

**Pre-Registered Only** Family Discount \_\_\_\_\_

Regular \$5 off \$10 off \$15 off  
 First  Second  Third  Fourth or more

### NO REFUNDS

Please make all checks payable to: **Enrique Mares**

TOTAL AMOUNT DUE \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

### Age

17 & Under -- Birth Date Required (mm/dd/yy) \_\_\_\_\_

18 & Over

### Skill Level

Beginner

Novice

Intermediate

Advanced

### Gender

Male

Female

### Divisions

**Kata Event #** \_\_\_\_\_

**Kumite Event #** \_\_\_\_\_

*Kobudo must be registered by Oct. 16, 2024. Kobudo divisions compete first.*

**Kobudo Long #** \_\_\_\_\_

**Kobudo Short #** \_\_\_\_\_

Instructors Name \_\_\_\_\_ Dojo Name \_\_\_\_\_

Style \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

### Adult & Minor Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in the 2024 Hollenbeck Invitational Karate Championship athletics/sports program, and related events and activities, the undersigned:

1. Agrees that prior to participating, they know and understand the Rules of Competition, and that they (if under 18 years of age a Parent or Guardian) will inspect the facilities and equipment to be used, and if the participant and/or Parent or Guardian, believes anything is, or may be, unsafe, they will immediately advise their coach or supervisor and the 2024 Hollenbeck Invitational Karate Championship personnel of such condition(s) and refuse to participate unless and until such condition is remedied.

2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time. The undersigned assumes all the foregoing risks and accepts personal responsibility for the damages following such an injury, permanent disability, or death.

3. Release, waive, discharge and covenant not to sue Boyle Heights Karate Do, 2024 Hollenbeck Invitational Karate Championship, Covina Unified School District, its officers, its affiliated clubs, regional sports organizations, their respective administrators, directors, agents, coaches and other employees, staff, official and volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessees of premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise. The undersigned shall indemnify the releases and hold them harmless for any losses, liability, or damages, which may result from any failure or defect of such release.

4. All entries are final, no refunds will be given. I fully understand that any medical treatment given will be of a first aid treatment type only. I consent that any pictures furnished by me or any and all photographs or video images taken of me in connection with the Tournament can be reproduced and used for publicity, promotion or other purpose by Boyle Heights Karate Do and Covina Unified School District, its licensees or assigns now or in the future, and published or broadcast by any media whatsoever, and I hereby waive any and all claim for any compensation of any kind in regard thereto. All participation in any event or class in this Tournament is by permission only. The Tournament Director or her/his authorized agent(s) reserve the right to refuse entry to any person, school, team, or club.

**5. PLEASE NOTE: All athletes must be covered by their own health or medical insurance to compete.**

**6. Statement of Health.** By my signature below, I certify and declare that I am in sound health, with valid medical or health insurance coverage in effect at this time, and there is no reason why I cannot participate in this competition.

The undersigned has read the above waiver and release, understand that they have given up substantial rights by signing it and sign it voluntarily.

Date \_\_\_\_\_ Signature of Contestant (18 & older) \_\_\_\_\_ Signature of Parent/Guardian (17 & under) \_\_\_\_\_

Please read entire form before signing. All information is required.

**Tournament Director**

**Enrique Mares**

**2024 Hollenbeck Invitational Karate Championship  
TOURNAMENT RULES**

**KATA:** 1. Beginners and Novice must perform a basic kata. Beginner and Novice may repeat the same kata.  
2. Intermediate and Advanced divisions are open kata but must perform a different kata in medal rounds. Adult Black belts and ages 15-17 advanced divisions compete first.

**KUMITE:** WKF rules with the following modifications:  
1. All juniors.....1.5 minutes stop time, 8 points maximum  
2. Juniors 17 and under .....Head contact must be penalized  
3. Juniors 15-17 advanced and Adults 18-34 advanced .....**Competes First**  
4. Adults (except WKF Div).....3 minutes stop time, 8 point ceiling  
5. Adult advanced .....WKF Rules

**KOBUDO:** All weapons will be subject to inspection by judges before competition. Modified weapons or weapons that do not meet tournament criteria may not be used in competition. 6ft Bo must weigh at least 900 grams. Weapons must remain in the competitor's hands at all times. Loss of control will result in disqualification. Definitions-Long (Bo or Eku) Short (Sai or Tonfa)

<u>Junior Categories</u>	<u>Level</u>	<u>Kata</u>	<u>Kumite</u>	<u>Adult Categories</u>	<u>Level</u>	<u>Kata</u>	<u>Kumite</u>							
Juniors Ages 6-8 Girls	Beg	1	2	Adult Women Ages 18+	Beg	75	76							
	Nov	3	4		Nov	77	78							
Juniors Ages 6-8 Boys	Beg	5	6	Adult Men Ages 18+	Int	79	80							
	Nov	7	8		Adv	81	82							
	Int/Adv	9	10		Beg	83	84							
Juniors Ages 9-10 Girls	Beg	11	12	Adult Women Ages 35+	Nov	85	86							
	Nov	13	14		Int	87	88							
	Int	15	16		Adv	89	90							
	Adv	17	18		Beg/Nov	91	92							
Juniors 9-10 Boys	Beg	19	20	Adult Men Ages 35+	Int	93	94							
	Nov	21	22		Adv	95	96							
	Int	23	24		Beg/Nov	97	98							
	Adv	25	26		Int	99	100							
Girls Ages 11-12	Beg	27	28	<u>Kobudo Categories</u>	Kids Ages 9 & under	Beg/Nov	103	117						
	Nov	29	30											
	Int	31	32											
	Adv	33	34											
Boys Ages 11-12	Beg	35	36	Kids Ages 10-12	Beg/Nov	105	119							
	Nov	37	38											
	Int	39	40											
	Adv	41	42											
Girls Ages 13-14	Beg	43	44	Mixed Ages 13-17	Beg/Nov	107	121							
	Nov	45	46											
	Int	47	48											
	Adv	49	50											
Boys Ages 13-14	Beg	51	52	Adult Women 18+	Beg/Nov	109	123							
	Nov	53	54											
	Int	55	56											
	Adv	57	58											
Girls Ages 15-17	Beg	59	60	Adult Men 18+	Beg/Nov	111	125							
	Nov	61	62											
	Int	63	64											
	Adv	65	66											
Boys Ages 15-17	Beg	67	68	Adult Women 35+	Beg/Nov	113	127							
	Nov	69	70											
	Int	71	72											
	Adv	73	74											
<u>Parakarate</u>	<u>Level</u>			<u>Kata, Kumite, Kobudo Skill Level Categories</u>										
									Kobudo	All	131	Beginner (Beg)	Under 1 year of training	
									Juniors	All	Basics	132	Novice (Nov)	1-2 years of training
									Juniors	All	Kata	133	Intermediate (Int)	2-3 years of training (or brown belts with less than 3 years)
Adult 18 & Over	All	Basics	134	Advanced (Adv)	3 or more years of training or Black Belts									
Adult 18 & Over	All	Kata	135											